



## **More than a Game: Building Community Through Rugby**

### **Who We Are**

The Calgary Canadian Irish Athletic Club (CCIAC), founded in 1971 in Calgary's northeast ([located here](#)), is more than just a rugby club. We field competitive teams for youth (U5 to U18), women, and men, and serve as a vibrant social hub for our members. At our core, we foster a deep sense of connection, community, and belonging.

Our vision is to bring together Calgary's diverse communities through the power of rugby. We believe in fostering passion, inclusion, and excellence—on and off the field. We're committed to creating a supportive and dynamic environment that encourages participation, builds confidence, and empowers individuals to make a lasting impact.

### **Why Are We Doing This?**

Rugby truly is a sport for everyone. It welcomes all shapes, sizes, and skill levels, offering multiple formats, e.g., 15-a-side, 7-a-side, flag rugby, so that everyone can find their fit—and have fun doing it.

As one of the fastest-growing sports in the world—especially in the women's game—rugby is gaining momentum, and so is Canada. With the 2025 Women's Rugby World Cup on the horizon and Canada's national team currently ranked 2nd in the world, there's never been a better time to get more Calgarians into the game and onto the field.

### **Where We Offer Programs**

We offer programs to any community who are within a 20-minutes' drive of:

- Genesis Centre
- Village Square Leisure Centre
- Bob Bahan Aquatic Centre

## **All CCIAC Community Programs Are FREE**

To sign up for a CCIAC program click [here](#)

To learn more about CCIAC programs click [here](#)



## What We Offer

Program	Description	Format	Best For
<b>Community Rugby Series</b>	A multi-week rugby program with fun, skills-based sessions and mini-games. Equipment and coaches provided.	6–10 weeks 1 session/week (Mon/Wed/Fri, afternoons or evenings)	Community groups seeking structured, low-barrier programming close to home
<b>Summer Rugby Camp</b>	High-energy week of rugby activities during the summer. Great for newcomers or returning players.	5 consecutive days (Mon–Fri), 1 session/day in July or August	Youth programs, day camps, or summer recreation offerings
<b>Pop-Up Rugby Days</b>	One-off events offering a taste of rugby through game-based stations and inclusive play. Equipment and coaches included.	Single-day event (flexible timing)	Festivals, block parties, or special event programming
<b>Girls in Rugby: Empowerment Through Sport</b>	A rugby program designed specifically for girls, blending play, skill-building, and leadership development in a supportive environment.	4–8 weeks	Girls in Rugby: Empowerment Through Sport
<b>Rugby + Culture Celebration Days</b>	Combine sport and cultural exchange with rugby games, food, music, and storytelling from participants' backgrounds. It can include parent/community involvement.	Single-day event	Rugby + Culture Celebration Days
<b>Intro to Coaching &amp; Leadership</b>	A workshop introducing youth and adults to basic coaching, refereeing, and leadership roles in sport.	1–2 sessions Custom scheduling	Youth leaders, volunteers, or staff looking to build confidence and capacity
<b>Custom Community Collaboration</b>	Don't see what you need? Let's co-design a program that fits your space, schedule, and community goals.	Fully customizable	Any organization looking for flexible, high-impact programming



Position	Roles and Responsibilities	Time Commitment
<b>CCIAC Rugby Development Officer</b>	<ul style="list-style-type: none"> <li>• Design and implement rugby programs</li> <li>• Recruit and train coaches and volunteers</li> <li>• Build community partnerships</li> <li>• Assess program effectiveness</li> <li>• Organize events</li> </ul>	10-15 hours/week for duration of the program, plus the planning stage
<b>CCIAC Community Coach</b>	<ul style="list-style-type: none"> <li>• Plan and deliver training sessions</li> <li>• Support participants</li> <li>• Ensure participant safety</li> <li>• Provide feedback</li> <li>• Engage with the community</li> </ul>	5-10 hours/week for duration of program
<b>City of Calgary Neighbourhood Partnership Coordinator</b>	<ul style="list-style-type: none"> <li>• Support governance practices (if CA has policy procedures tied to programming)</li> <li>• Assist with financial planning (if there is any CA budget expenses)</li> <li>• Support co-creation of programs with community residents (if available)</li> <li>• Promote leadership/volunteer opportunities to community residents</li> <li>• Facilitate community connections</li> </ul>	Up to 20 hours total time commitment per program
<b>City of Calgary Social Worker</b>	<ul style="list-style-type: none"> <li>• Connect community residents with CCIAC program</li> <li>• Support co-creation of programs with community residents (if available)</li> <li>• Promote leadership/volunteer opportunities to community residents</li> <li>• Provide support services</li> <li>• Foster community building</li> </ul>	Up to 20 hours total time commitment per program
<b>Community Association / Cultural or Resident Group</b>	<ul style="list-style-type: none"> <li>• Identify local interest and coordinate registration</li> <li>• Promote programs within the community</li> <li>• Provide program space (if available) or help to secure one</li> <li>• Support volunteers or participant leadership</li> <li>• Offer cultural/contextual input to shape delivery</li> </ul>	Up to 20 hours total time commitment per program